

TEMPOROMANDIBULAR DISORDER QUESTIONNAIRE

Patient Name _____ Date _____

YES NO

1. Do you have a grating, clicking or popping sound in either, or both jaw joints when you chew? _____ ☐ ☐
2. Do you have sensations or stiffness, pressure or blockage, ringing, hissing or buzzing in your ears? _____ ☐ ☐
3. Do you ever feel dizzy or faint? _____ ☐ ☐
4. Is your jaw painful or locked when you wake up in the morning? _____ ☐ ☐
5. Do you consider yourself chronically fatigued? _____ ☐ ☐
6. Are you ever nauseated for no apparent reason? _____ ☐ ☐
7. Do your fingers sometimes go numb? _____ ☐ ☐
8. Check any area where you have pain or soreness:

<input type="checkbox"/> Jaw Joints	<input type="checkbox"/> Upper jaw or teeth	<input type="checkbox"/> Back of head
<input type="checkbox"/> Forehead	<input type="checkbox"/> Lower jaw or teeth	<input type="checkbox"/> Chewing muscles
<input type="checkbox"/> Temples	<input type="checkbox"/> Side of neck	<input type="checkbox"/> Behind the eyes
<input type="checkbox"/> Tongue	<input type="checkbox"/> _____	
9. Is it hard to move your jaw side-to-side, forward or backward? _____ ☐ ☐
10. Do you have difficulty chewing? _____ ☐ ☐
11. Do you have back teeth missing? _____ ☐ ☐
12. Have you had extensive dental crowns and bridgework? _____ ☐ ☐
13. Do you clench your teeth during the day? _____ ☐ ☐
14. Do you grind your teeth at night? (Ask someone else) _____ ☐ ☐
15. Do you ever have a headache when you wake up? _____ ☐ ☐
16. Have you had a whiplash injury? _____ ☐ ☐
17. Have you worn a cervical collar or had neck traction? _____ ☐ ☐
18. Have you ever had a blow to the chin, face or head? _____ ☐ ☐
19. Have you reached the point at which drugs no longer relieve your symptoms? _____ ☐ ☐
20. Does chewing gum initiate your symptoms? _____ ☐ ☐
21. Does your jaw deviate to the left or right when you open wide? _____ ☐ ☐
22. When your mouth is wide open, can you insert three fingers into your mouth vertically? _____ ☐ ☐
23. Please write a brief narrative of your past medical and dental history (including injuries) pertaining to the jaw joint:
